

PSHE curriculum overview

	1	2	3	4	5	6
EYFS						
Year ½ - A	Living in the wider world What is a community	Health and wellbeing Hazards	Healthy relationships Being a good friend	Health and wellbeing Healthy diet and exercise	Living in the wider world What is money	Living in the wider world Using the internet
Year ½ - B	Healthy relationships Being a good friend	Health and wellbeing Understanding myself	Living in the wider world Being part of a team	Healthy relationships What makes a family	Living in the wider world What jobs are there	Healthy relationships Privacy rights
Year ¾ - A	Living in the wider world Laws and rules	Healthy relationships Bullying	Health and wellbeing How to look after our minds	Healthy relationships Online friendships	Living in the wider world Budgeting	Health and wellbeing The impact of exercise and nutrition
Year ¾ - B	Healthy relationships Trust	Living in the wider world Digital footprints and internet personalisation	Health and wellbeing Drugs	Healthy relationships Respecting differences	Health and wellbeing Alcohol, smoking (including vaping) and energy drinks	Living in the wider world Role models
Year 5/6 – A	Health and wellbeing Looking after mental health	Healthy relationships Pressure and relationships	Health and wellbeing Spotting the signs of illness	Healthy relationships Sexuality and gender identity	Living in the wider world How to revise effectively	Living in the wider world E-Safety Moving on in education
Year 5/6 - B	Healthy relationships Healthy partnerships	Living in the wider world Future aspirations	Health and wellbeing Puberty	Living in the wider world The effects of social media	Healthy relationships What is sex?	Living in the wider world E-Safety Moving on in education