



12 February 2021

Dear Parents and Carers,

You will be aware that, as a part of your child's educational experience at Trinity Academy St Peter's, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education. This gives children the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

From September 2020 the Department for Education is making Relationships and Health Education compulsory in all primary schools. At Trinity Academy St Peter's this will be taught in the **summer term**.

### **What does the new guidance mean?**

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, will give children and young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being.

As with all statutory subjects, there is no right to withdraw from Relationships Education or Health Education or any content from the Science curriculum. This means that pupils cannot be withdrawn from lessons on the Changing Adolescent Body. Parents have the right to request that their child be withdrawn from some or all of the Sex Education delivered in Year 6 only (puberty, conception and birth) following discussions with the Principal.

### **How will this be delivered?**

This guidance will form part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly.

All teaching in PSHE will take place in a safe learning environment and be underpinned by our school's vision and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

### **Suggestions and questions**

It is important that there is an open conversation between parents and school to ensure that the children are given the best PSHE and RSE provision possible.

We would like to gain views and opinions from you to inform how the school's Relationship and Sex Education Curriculum will be taught. We encourage any feedback and suggestions which could be reflected in our policy, as well as any questions that you, as parents, may have about the new guidance or coverage.

- What are your thoughts on our current curriculum for RSE and personal, social, health and economic (PSHE) education? Do you think this curriculum meets your child's needs?
- What do we do well? What could we do better?
- Is there anything we're not covering that you think we need to address?
- Is there something we could cover more/less?
- What do you think about the way we intend to deliver RSE to pupils?
- As a parent, do you feel like you need more information or guidance on specific topics?

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The proposed policy is available to download from our website: [Personal, Social, Health and Economic \(PSHE\) Education | Trinity Academy St Peter's \(trinitymat.org\)](https://www.trinitymat.org/PSHE-Education)



In addition to this, you will find the long-term overview for our proposed curriculum and a selection of resources. Any comments are to be submitted to the academy no later than the last day of the consultation period (Monday 26<sup>th</sup> February) either by email to [contactus@stpeters.trinitymat.org](mailto:contactus@stpeters.trinitymat.org) or by post addressed to:

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Further information on the new statutory requirements is available on:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>  
<https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs>  
<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

Yours sincerely,

Mrs R Dawson  
Assistant Principal

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