

Websites used to access resources linked to Relationships Education and Health Education. All activities chosen are age appropriate.

KS1:

<https://learning.nspcc.org.uk/research-resources/schools/pants-teaching>

<https://plprimarystars.com/resources>

KS2:

<https://bettyforschools.co.uk/resources>

<https://learning.nspcc.org.uk/research-resources/schools/making-sense-relationships>

<https://plprimarystars.com/resources>

<https://campaignresources.phe.gov.uk/schools/topics/mental-wellbeing/overview>

<https://www.nhs.uk/oneyou/every-mind-matters/youth-mental-health/>

<https://learning.nspcc.org.uk/research-resources/schools/pants-teaching>