

Trinity Academy St Peter's – Summer Menu 23/24



<p>Week 1 Meat-Free Monday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Cheese & Tomato Pizza Slab, Garlic Bread, Broccoli 1, 4 ○ Cheese & Onion Quiche, Garlic Bread, Broccoli 1, 4, 5 ○ Sweet Chilli Onion Bhaji Sub Roll 1, 4 ○ Cheddar Cheese & Salad Sub Roll 1, 4 <p>Dessert: Chocolate Muffin 1, 4, 5, 7</p>	<p>Week 1 Tuesday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Beef Meatballs, Pasta, Tomato Sauce, Sweetcorn 1, 7, 9, 10 ○ Quorn Meatballs, Tomato Sauce, Pasta, Sweetcorn 1, 5, 9 ○ Tuna Mayo & Cucumber Wrap 1, 4, 5, 6 ○ Ham White Sub Roll 1, 4 <p>Dessert: Watermelon</p>	<p>Week 1 Wednesday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Roast Chicken, Roast Potatoes, Yorkies, Gravy, Green Beans 1, 4, 5 ○ Veggie Fajita Wrap, Roast Potatoes, Green Beans 1, 9 ○ Tuna Mayo & Cucumber Wrap 1, 4, 5, 6 ○ Ham White Sub Roll 1, 4 <p>Dessert: Jam Doughnut 1</p>	<p>Week 1 Thursday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Chicken Tikka Flatbread, Rice, Salad, Carrot & Peas 1, 4, 9, 11 ○ Lentils & Butternut Squash Korma, Rice, Carrots & Peas 1, 7, 11 ○ Tuna Mayo & Cucumber Wrap 1, 4, 5, 6 ○ Ham White Sub Roll 1, 4 <p>Dessert: Fresh Fruit (Banana, Apple, Pear)</p>	<p>Week 1 Friday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Breaded Fish Fillet, Potato Wedges, Peas 1, 6 ○ Fishless Fingers, Potato Wedges, Peas 1 ○ Tuna Mayo & Cucumber Wrap 1, 4, 5, 6 ○ Ham White Sub Roll 1, 4 <p>Dessert: Rice Krispie Cake 1, 4, 10</p>
<p>Week 2 Meat-Free Monday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Mac & Cheese, Salad, Sweetcorn 1, 4, 9 ○ Quorn Nuggets, Roast Potatoes, Sweetcorn 1, 4, 5 ○ Soft Cheese & Cucumber Sub Roll 1, 4 ○ Vegan Meatball & Cucumber Sub Roll 1, 4 <p>Dessert: Yogurts 4</p>	<p>Week 2 Tuesday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Beef Bolognese, Baked Potato, Green Beans 9 ○ Baked Potato with Beans & Cheese, Green Beans 4 ○ Soft Cheese & Cucumber Wrap 1, 4 ○ Chicken White Sub Roll 1, 4 <p>Dessert: Chocolate Doughnuts 1, 4, 7</p>	<p>Week 2 Wednesday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Sausage Dinner, Roast Potatoes, Yorkies, Gravy, Green Beans 1, 4, 5, 7, 10 ○ Veggie Sausage, Roast Potatoes, Yorkie, Gravy & Green Beans 1, 4, 5 ○ Soft Cheese & Cucumber Wrap 1, 4 ○ Chicken White Sub Roll 1, 4 <p>Dessert: Fresh Fruit (Satsumas, Pineapple, Apple)</p>	<p>Week 2 Thursday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Arrabiata Chicken, Tomato Sauce, Pasta, Cauliflower & Carrots 4, 9 ○ Creamy Tomato, Spinach & Cheese Pasta Bake, Cauliflower & Carrots 1, 4, 5 ○ Soft Cheese & Cucumber Wrap 1, 4 ○ Chicken White Sub Roll 1, 4 <p>Dessert: Blueberry & Lemon Muffin 1, 4, 5</p>	<p>Week 2 Friday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Chicken Breast Burger, Potatoes Wedges, Peas 1 ○ Quorn Vegan Burger, Potato Wedges, Peas 1 ○ Soft Cheese & Cucumber Wrap 1, 4 ○ Chicken White Sub Roll 1, 4 <p>Dessert: Watermelon</p>
<p>Week 3 Meat-Free Monday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Cheddar Cheese & Onion Pastry, Hash Brown, Carrots 1, 4, 7, 11 ○ Broccoli, Tomato & Cheese Pasta Bake 1, 4, 9 ○ Savoury Cheese, Spring Onion & Salad Sub Roll 1, 4 ○ Falafel & Cucumber Wrap 1, 4 <p>Dessert: Fruit Jelly</p>	<p>Week 3 Tuesday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Cajun Chicken, Naan Bread, Rice, Broccoli 1, 4, 9 ○ Vegan Sausage Roll, Beans, Broccoli, Salad 1, 10 ○ Cheese & Tomato Sub Roll 1, 4 ○ Ham & Lettuce Wrap 1, 4 <p>Dessert: Chocolate Iced Doughnut 1, 4, 5, 7</p>	<p>Week 3 Wednesday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Roast Chicken, Roast Potatoes, Gravy, Yorkies, Cauliflower 1, 4, 5 ○ Veggie Buffalo Wrap, Roast Potatoes, Cauliflower 1, 7 ○ Cheese & Tomato Sub Roll 1, 4 ○ Ham & Lettuce Wrap 1, 4 <p>Dessert: Yogurt 4</p>	<p>Week 3 Thursday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Chicken & Sweetcorn Pasta Bake, Mixed Veggies 1, 4, 9 ○ Baked Potato with Mexican Beans or Crunchy Tuna 1, 10 ○ Cheese & Tomato Sub Roll 1, 4 ○ Ham & Lettuce Wrap 1, 4 <p>Dessert: Fresh Fruit (Apple, Pear, Melon)</p>	<p>Week 3 Friday</p> <p>Main:</p> <ul style="list-style-type: none"> ○ Hot Dog, Cajun Potato Wedges, Peas 1, 7, 10 ○ Quorn Hot Dog, Cajun Potato Wedges, Peas 1, 7 ○ Cheese & Tomato Sub Roll 1, 4 ○ Ham & Lettuce Wrap 1, 4 <p>Dessert: Ice Lollies</p>

Allergens

1, Wheat – Cereals (contains gluten)
2, Peanuts

3, Tree nuts – like walnuts, almonds, pine nuts, Brazil nuts and pecans
4, Milk
5, Eggs

6, Fish
7, Soy
8, Shellfish
9, Celery
10, Sulphite

11, Mustard
12, Lupin
13, Molluscs
14, Sesame Seeds