

Trinity Academy St Peter's – Summer Menu 25/26

<u>Week 1</u> Meat-Free Monday <p>Main:</p> <ul style="list-style-type: none"> Tomato & Basil Pasta, Garlic Bread, Veg 1, 4 Margherita Pizza, New Potatoes, Veg 1, 4, 9 Curried Sweet Potato & Butternut Sandwich 1, 4 Sliced Cheese & Lettuce Sandwich 1, 4 <p>Dessert: Lemon Cake or Chocolate Cake 1, 4, 5, 7.</p>	<u>Week 1</u> Tuesday <p>Main:</p> <ul style="list-style-type: none"> Sausage Roll, Roast New Potatoes, Veg 1, 9, 10 Fish Stars, Roast New Potatoes, Veg 1, 6 Ham & Cheese Wrap 1, 4 Tuna Mayo Sandwich 1, 4, 5, 6, 11 Cheese Sandwich 1, 4 <p>Dessert: Fresh Fruit Selection</p>	<u>Week 1</u> Wednesday <p>Main:</p> <ul style="list-style-type: none"> Sausage Dinner, Roast Potatoes, Yorkie, Gravy, Veg 1, 4, 5, 7, 10 Quorn Sausage, Roast Potatoes, Yorkie, Gravy, Veg 1, 4, 5, 7, 10 Ham & Cheese Wrap 1, 4 Tuna Mayo Sandwich 1, 4, 5, 6, 11 Cheese Sandwich 1, 4 <p>Dessert: Fruit Jelly or Vanilla Ice Cream 4</p>	<u>Week 1</u> Thursday <p>Main:</p> <ul style="list-style-type: none"> Chicken Korma with Rice, Naan Bread, Veg 1, 7, 9 Vegetable Slice, New Potatoes, Baked Beans, Veg 1, 4, 7 Ham & Cheese Wrap 1, 4 Tuna Mayo Sandwich 1, 4, 5, 6, 11 Cheese Sandwich 1, 4 <p>Dessert: Flapjack 1 or Yogurt 4</p>	<u>Week 1</u> Friday <p>Main:</p> <ul style="list-style-type: none"> Breaded Cod Fillet, Potato Croquettes, Veg 1, 4 Quorn Buttermilk Chicken Fillet, Potato Croquettes, Veg 1 Ham & Cheese Wrap 1, 4 Tuna Mayo Sandwich 1, 4, 5, 6, 11 Cheese Sandwich 1, 4 <p>Dessert: White Chocolate Cookie 1, 4, 5, 7 or Strawberry Ice Cream 4</p>
<u>Week 2</u> Meat-Free Monday <p>Main:</p> <ul style="list-style-type: none"> Cheese & Onion Pastry, New Potatoes, Veg 1, 4 Tomato & Broccoli Pasta, Garlic Bread, Veg 1, 4, 7 Grated Cheese Salad Sandwich 1, 4 <p>Dessert: Yogurt 4 or Jam Donut 1, 10</p>	<u>Week 2</u> Tuesday <p>Main:</p> <ul style="list-style-type: none"> Pasta Bolognese, Cheese, Veg 1, 4, 9 Quorn Pasta Bolognese, Cheese, Veg 1, 4, 9 Tuna Mayo Wrap 1, 4, 5, 6, 11 Ham Sandwich 1, 4 Cheese Sandwich 1, 4 <p>Dessert: Melon</p>	<u>Week 2</u> Wednesday <p>Main:</p> <ul style="list-style-type: none"> Roast Chicken Dinner, Roast Potatoes, Yorkie, Gravy, Veg 1, 4, 5, 7, 10 Quorn Chicken Fillet, Roast Potatoes, Yorkie, Gravy & Veg 1, 4, 5, 7, 6, 11 Ham Sandwich 1, 4 Cheese Sandwich 1, 4 <p>Dessert: Strawberry Frozen Yogurt 4 or Flapjack 1</p>	<u>Week 2</u> Thursday <p>Main:</p> <ul style="list-style-type: none"> Punjabi Chicken Masala with Rice, Naan Bread, Veg 1, 7, 9 Battered Fish, New Potatoes, Veg 1, 6 Tuna Mayo Wrap 1, 4, 5, 6, 11 Ham Sandwich 1, 4 Cheese Sandwich 1, 4 <p>Dessert: Lemon Muffin or Chocolate Muffin 1, 4, 5, 7</p>	<u>Week 2</u> Friday <p>Main:</p> <ul style="list-style-type: none"> Beef Burger, Potato Croquettes, Veg 1, 4, 6 Veggie Lasagne, Potato Croquettes, Veg 1, 4, 9 Tuna Mayo Wrap 1, 4, 5, 6, 11 Ham Sandwich 1, 4 Cheese Sandwich 1, 4 <p>Dessert: Apple & Raspberry Crumble with Custard 1, 4, 7, 10 or Ice Lolly</p>
<u>Week 3</u> Meat-Free Monday <p>Main:</p> <ul style="list-style-type: none"> Macaroni Cheese, Garlic Bread, Veg 1, 4, 9 Quorn Nuggets, New Potatoes, Veg 1 Grated Cheese Salad Sandwich 1, 4 Beetroot Falafel & Cucumber Wrap 1, 4 <p>Dessert: Yogurt 4 or Strawberry & Vanilla Mousse 4</p>	<u>Week 3</u> Tuesday <p>Main:</p> <ul style="list-style-type: none"> Beef & Veggie Pasty, New Potatoes, Veg 1, 4, 7 Chicken Meatballs with Pasta and Tomato Sauce, Veg 1, 4 Cheese Sandwich 1, 4 Ham & Lettuce Wrap 1, 4 Chicken Sandwich 1, 4 <p>Dessert: Fresh Fruit Selection</p>	<u>Week 3</u> Wednesday <p>Main:</p> <ul style="list-style-type: none"> Sausage Dinner, Roast Potatoes, Yorkie, Gravy, Veg 1, 4, 5, 7, 10 Quorn Sausage, Roast Potatoes, Yorkie, Gravy, Veg 1, 4, 5, 7, 10 Cheese Sandwich 1, 4 Ham & Lettuce Wrap 1, 4 Chicken Sandwich 1, 4 <p>Dessert: Lemon Cake or Chocolate Cake 1, 4, 5, 7</p>	<u>Week 3</u> Thursday <p>Main:</p> <ul style="list-style-type: none"> Smoky BBQ Chicken with Rice, Flat Bread, Veg 1, 7, 9 Three Bean Chilli with Rice, Flat Bread, Veg 1, 7 Cheese Sandwich 1, 4 Ham & Lettuce Wrap 1, 4 Chicken Sandwich 1, 4 <p>Dessert: Fruit Jelly or Cheese & Crackers 1, 4</p>	<u>Week 3</u> Friday <p>Main:</p> <ul style="list-style-type: none"> Breaded Cod Fillet, Potato Croquettes, Veg 1, 6 Quorn Meatballs with Pasta and Tomato Sauce, Cheese, Veg 1, 4, 7, 9 Cheese Sandwich 1, 4 Ham & Lettuce Wrap 1, 4 Chicken Sandwich 1, 4 <p>Dessert: Donut 1, 4, 5, 7 or Strawberry Ice Cream 4</p>

Allergens

1, Wheat – Cereals (contains gluten)
2, Peanuts
3, Tree nuts – like walnuts, almonds, pine nuts, Brazil nuts and pecans
4, Milk
5, Eggs
6, Fish
7, Soy
8, Shellfish

9, Celery
10, Sulphite
11, Mustard
12, Lupin
13, Molluscs
14, Sesame Seeds