

Trinity Academy St Peter's – Winter Menu 26/27

Week 1 Meat-Free Monday Main: <ul style="list-style-type: none"> Cheese & Onion Slice 1, 4 Lentil & Cauliflower Curry 1, 7, 9 Cheese & Cucumber Sandwich 1, 4, 7 Cream Cheese & Cucumber Wrap 1, 7 Hummus & Cucumber Sandwich 1, 7 	Week 1 Tuesday Main: <ul style="list-style-type: none"> Cottage Pie 1, 4, 7, 9 Vegetarian Cottage Pie 1, 4, 7, 9 Ham & Lettuce Wrap 1, 7 Tuna Mayo & Cucumber Wrap 1, 4, 5, 6, 7 Cheese & Tomato Sandwich 1, 4, 7 	Week 1 Wednesday Main: <ul style="list-style-type: none"> Sausage Dinner 1, 4, 5, 7, 9, 10 Vegetarian Sausage, Dinner 1, 4, 5, 7, 9, 10 Ham & Lettuce Wrap 1, 7 Tuna Mayo & Cucumber Wrap 1, 4, 5, 6, 7 Cheese & Tomato Sandwich 1, 4, 7 	Week 1 Thursday Main: <ul style="list-style-type: none"> Chicken Nuggets 1, 7, 9 Mexican Bean Chilli 9 Ham & Lettuce Wrap 1, 7 Tuna Mayo & Cucumber Wrap 1, 4, 5, 6, 7 Cheese & Tomato Sandwich 1, 4, 7 	Week 1 Friday Main: <ul style="list-style-type: none"> Fish Fillet 1, 6, 10 Tricolour Pasta with Tomato Sauce 1, 4, 9 Ham & Lettuce Wrap 1, 7 Tuna Mayo & Cucumber Wrap 1, 4, 5, 6, 7 Cheese & Tomato Sandwich 1, 4, 7
Week 2 Meat-Free Monday Main: <ul style="list-style-type: none"> Pasta & Tomato Sauce 1, 4, 9 Vegetarian Southern Fried Chicken Fillet 1 Cream Cheese Sandwich 1, 4, 5, 7 Cheese & Tomato Sandwich 1, 4, 7 Hummus & Roasted Red Pepper Sandwich 1, 7 	Week 2 Tuesday Main: <ul style="list-style-type: none"> Beef Meatballs 1, 7, 9, 10 Vegetarian Meatballs 1, 7, 9, 10 Roast Turkey Sandwich 1, 7 Ham & Lettuce Wrap 1, 7 Cheese & Cucumber Sandwich 1, 4, 7 	Week 2 Wednesday Main: <ul style="list-style-type: none"> Sausage Dinner 1, 4, 5, 7, 9, 10 Vegetarian Sausage, Dinner 1, 4, 5, 7, 9, 10 Roast Turkey Sandwich 1, 7 Ham & Lettuce Wrap 1, 7 Cheese & Cucumber Sandwich 1, 4, 7 	Week 2 Thursday Main: <ul style="list-style-type: none"> Greek Souvlaki Chicken 1, 9 Plant Based Nuggets 1 Roast Turkey Sandwich 1, 7 Ham & Lettuce Wrap 1, 7 Cheese & Cucumber Sandwich 1, 4, 7 	Week 2 Friday Main: <ul style="list-style-type: none"> Beef Burger 1, 7, 10 Veggie Burger 1, 4, 7, 10 Roast Turkey Sandwich 1, 7 Ham & Lettuce Wrap 1, 7 Cheese & Cucumber Sandwich 1, 4, 7
Week 3 Meat-Free Monday Main: <ul style="list-style-type: none"> Vegetarian Bolognaise 1, 7, 9 Vegetable Slice 1, 4 Cheese Sandwich 1, 4, 7 Egg Mayo Sandwich 1, 4, 5, 7 Sweet Potato Falafel Sandwich 1, 7 	Week 3 Tuesday Main: <ul style="list-style-type: none"> Breaded Chicken Fillet 1, 7 Vegetarian Lentil Bolognaise 1, 7, 9 Ham Sandwich 1, 7 Tuna & Sweetcorn Wrap 1, 4, 5, 6, 7 Cheese & Cucumber Sandwich 1, 4, 7 	Week 3 Wednesday Main: <ul style="list-style-type: none"> Sausage Dinner 1, 4, 5, 7, 9, 10 Vegetarian Sausage, Dinner 1, 4, 5, 7, 9, 10 Ham Sandwich 1, 7 Tuna & Sweetcorn Wrap 1, 4, 5, 6, 7 Cheese & Cucumber Sandwich 1, 4, 7 	Week 3 Thursday Main: <ul style="list-style-type: none"> Tandoori Chicken 1, 9 Plant Based Meatballs 1, 7, 9 Ham Sandwich 1, 7 Tuna & Sweetcorn Wrap 1, 4, 5, 6, 7 Cheese & Cucumber Sandwich 1, 4, 7 	Week 3 Friday Main: <ul style="list-style-type: none"> Breaded Cod Fillet 1, 6 Sweet Potato & Vegetable Korma 4, 7, 9 Ham Sandwich 1, 7 Tuna & Sweetcorn Wrap 1, 4, 5, 6, 7 Cheese & Cucumber Sandwich 1, 4, 7

Note: Pasta is wholewheat. Bread is 50/50 or wholemeal. Rice is brown.
A range of vegetables will be served each day, along with potatoes.
Desserts will be available each day.

Allergens

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| 1, Wheat – Cereals (contains gluten) | 10, Sulphite |
| 2, Peanuts | 11, Mustard |
| 3, Tree nuts – like walnuts, almonds, pine nuts, Brazil nuts and pecans | 12, Lupin |
| 4, Milk | 13, Molluscs |
| 5, Eggs | 14, Sesame Seeds |
| 6, Fish | |
| 7, Soy | |
| 8, Shellfish | |
| 9, Celery | |